

February 2018 Tip of the Month

Valentine's Day

According to the History Channel, 150 million Valentine's Day cards and gifts are sent yearly in the U.S. This year, consider Valentine's Day traditions through a TIC lens. In schools, it is common for students to exchange Valentine's cards with classmates, especially elementary schools. Think back to your Valentine's Day experiences in school. Did you ever feel "un-loved" or did you notice classmates who were crushed because they didn't get the "cute cards" or the little box of "sweet tart hearts"?

Building caring relationships with our students is the foundation of a trauma-informed school. As Trauma-Informed educators, we know that many of our students do not feel adequately cared for at home and may lack strong friendships at school. We have the unique opportunity to demonstrate genuine care and to monitor our students' social-emotional well-being.

In addition to caring for our students, remember to Sharpen Your Saw on Valentine's Day!

You deserve it!



Sweet Tart Hearts may have changed over the years... From "Be Mine" to "Tweet Me". What hasn't changed over the years, is the need to be loved.