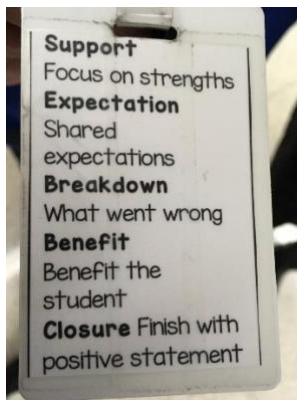


TIC Tip for December 2017

The holiday season may be particularly difficult for many of our students and their families. As TIC is a universal approach, keep in mind that we may not know what is going on in the lives of our students. A 5th grade teacher at Chamberlin Hill shared stories about five of her students, two of which are gifted. Based on their appearance and behaviors, teachers would not imagine that they have experienced trauma. The over-achiever, as well as the student who is struggling to manage emotions and behaviors, need all adult-student interactions to be predictable and caring.

Chamberlin Hill reported that the number of consequences issued for discipline are greatly reduced, although the number of students in need are growing. The reduction in disruptive behaviors is attributed to the implementation of a trauma-informed culture and strategies from the book *Roadmap to Responsibility* by Larry Thompson, as well as *Leader in Me*. The “Give ‘Em Five” strategy (*Responsibility-Centered Discipline*) to managing student behaviors is written on the back of faculty ID cards:



The 5 steps are aligned with a trauma-informed approach. Check out the website <http://www.givemfive.com/give-em-five/> for more information.

Additionally, the Random Acts of Kindness leadership team at Chamberlin Hill created Affirmation Cards for students. The cards are located in a central location by the library for students to take as needed. How can you use words of affirmation to build a culture of care and resiliency?



Thank you for creating safe and caring environments for our students, families, and employees!